



# RED CARDS



In accordance with OSA rules any person (Player or Coach) receiving a “SEND OFF” (Red Card), must sit out the next sanctioned match. This also applies to: 2nd yellow card (SEND OFF) in one game, accumulation of 3 yellow cards in one season (fall/spring), additional suspension given or DPS.

**A Sit Out Form must be filled out!**

**Sit Out Form - Click The Link:**

[http://www.oksoccer.com/UserFiles/file/Forms/SitOutForm%204\\_10.pdf](http://www.oksoccer.com/UserFiles/file/Forms/SitOutForm%204_10.pdf)

**SIT OUT FORM INSTRUCTIONS:** This form must be completed and sent to OSA.

Actions will be taken against any team that allows an ineligible player or coach to participate in a league game. For example, see ORL Policies, Section III:

*F. A team that allows a non-rostered player, or a player or coach serving a suspension, to participate shall forfeit the game if won. If the game is lost, the first victory thereafter shall be forfeited. The coach will also face a disciplinary hearing on the matter.*

If you have a coach and/or player that incurs additional disciplinary actions, the team must make sure to abide by all league determinations and requirements. Additional sit-outs and verification forms may be required.

